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GASTROENTEROLOGY AND LIVER DISEASES
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ENTEROSCOPY PREP

Pradaxa, Xarelto, Eliquis need to be held 2 days before the procedure and 5 days after the procedure - if okay with the prescribing doctor.

5 days prior to the procedure STOP ALL BLOOD THINNERS like Advil, Alka Seltzer, Aleve, Ansaid, Arthritis Medications, Arthrotec, Aspirin, Bextra, Celebrex, Coumadin, Ibuprofen, Ketrolalc, Naproxen, Phenoprofen, Plavix, Pletal, Vioxx, Warfarin, Vitamins and Supplements (Fish oil, Garlic, Gingko, Ginger).

On the evening before procedure, DO NOT eat anything after midnight.

DO NOT DRINK ANYTHING AFTER: _____ **on the day of your procedure.**
CLEAR LIQUIDS ONLY – NO MILK, MILK PRODUCTS OR NON – DAIRY CREAMERS!!
NOTHING RED OR PURPLE!!

On the day of your procedure, _____, only take medications for the heart or blood pressure with a small amount of water. Please bring your inhaler with you and take 1 puff before leaving your home. Do NOT smoke or drink alcohol.

DO NOT TAKE ANY DIABETIC MEDICATIONS, like Actos, Avandia, Glipizide, Glucophage, Glucotrol, and Insulin.

PLEASE HAVE TRANSPORTATION as you will be sedated and CANNOT drive or go home alone or take a cab home.

Your procedure has been scheduled on _____ at _____.

Report to: Largo Medical Center at 201 14th Street SW, Largo, FL 33770.

Arrive at _____.

Follow up appointment at Dr. Bidani's Office on: _____ at _____.

24 hours notice required before canceling or rescheduling a procedure.

Clear-Liquid Diet for Colonoscopy Preparation

One day before—and the day of—your colonoscopy, you will be on a clear-liquid diet. The chart shows examples of drinks you can include, and what to avoid. Starting the day before your screening, don't eat any solid food until after your colonoscopy.

Print this chart (PDF) for easy reference.

CLEAR LIQUIDS AND LIMITED LIGHT-COLOR DRINKS ONLY



YES- OKAY TO DRINK

- Water
- Tea and black coffee without any milk, cream, or lightener
- Flavored water without red or purple dye
- Clear, light colored juices such as apple, white grape, lemonade without pulp, and white cranberry

- Clear broth including chicken, beef, or vegetable
- Soda
- Sports drinks such as Gatorade and Propel (light colors only)
- Popsicles without fruit or cream; no red or purple dye
- Jell-O or other gelatin without fruit; no red or purple dye
- Boost Breeze Tropical Juice drink
- Ensure Clear

- Italian Ice

NO- AVOID THESE

- Alcoholic beverages
- Milk

- Smoothies

- Milkshakes

- Cream

- Orange juice
- Grapefruit juice

- Tomato juice

- Soup (other than clear broth)

- Cooked cereal

- Juice, Popsicles, or gelatins with red or purple dye